FALL AT HG

“HG is able to help me enjoy things that I thought I would not be able to do again in life after disability. They were all so encouraging and made me feel safe while exploring things I thought I would never be able to do. My hats off to HG for the heart and effort they put in to make me feel like I was an able-bodied person again.” - Adaptive Athlete

PROGRAMMING THIS SEASON
★ First Responders fishing week long program in Sun Valley
★ Bocce and gym workouts for local adults with cognitive disabilities
★ Veteran week long river rafting program on Rogue River in Oregon
★ American Sign Language classes and social signing hangouts
Today, 26% of adults and 17% of children in the US live with some type of disability that impacts their major life activities—making them 4.6 times more likely to report mental distress.

We’ll see you for our annual HERO’S JOURNEY GALA Thursday, July 6th 2023
Speaker: LTG H.R. McMaster
Visit our event website for sponsorship opportunities at HGHJ.org

88¢ of each dollar goes directly toward PROGRAMMING
7¢ of each dollar goes directly toward ADMINISTRATION
5¢ of each dollar goes directly toward FUNDRAISING

WAYS TO SUPPORT HG
$10,000 Sponsor a veteran/first responder and their significant other for a week long program
$5,000 Sponsor one veteran/first responder for a snowsports program
$1,000 Sponsor an athlete for the Paralympic Youth Camp
$500 Sponsor one student from the Idaho School for the Deaf and Blind weekend ski experience
$100 Sponsor a ski pass for a Sun Valley local with disabilities

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PROGRAMMING THIS SEASON
★ Week long snowsports programs for veterans and first responders in Sun Valley and Mammoth Mountain
★ Weekly alpine and nordic ski teams for local Idaho residents with cognitive and physical disabilities
★ Ice climbing programs for veterans in New York and Montana
★ Idaho School for the Deaf and Blind family program
★ Paralympic Youth Camp

PROGRAMMING THIS SEASON
★ Salt Lake City VA overnight mountain biking and golf programs
★ Weeklong whitewater rafting programs for veterans and first responders in Idaho
★ New York rock climbing day programs for veterans
★ Adaptive athlete week long program in partnership with the Adaptive Training Foundation

SUMMER AT HG
“We have totally enjoyed every ounce of summer this year. It’s been amazing! And I have to give you all tons of credit, he had the best time with y’all this summer. Thank you for doing what you do. It means the world to us that we can let go and know he’s safe.”
- Parent of participant

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